



Walkers' Pack
Thames Path walk, Cookham to Westminster
June 2019



**'Walk a Mile in Our Shoes',
Maidenhead: Take Drugs Seriously
and
Mass Lobby of Parliament**

Anyone's Child Thames Path Walk Key Information

Thank you for registering to join us on the Thames Path walk to help us raise awareness about the harms of current UK drug policy and make change a reality.

Drug-related deaths are at an all time high in the UK: 10 per day, 70 per week and over 3500 per year. Behind these statistics are real people, and family and friends left behind. There has never been a more urgent time to get drugs under control.

This pack includes all the key information you will need to join the walk. Please note, all end times are an estimate.

Emergency phone numbers:

- 0117 3250295 (Monday-Friday 9.30am-5.30pm)
- 07852272220 (out of office hours)

Essentials to bring:

- Water
- Spare socks
- Comfortable walking shoes
- Blister plasters
- Waterproof jacket
- Sun hat
- Phone (in case of emergencies)
- Sun cream
- Spare change (for drinks/snacks en route)

Extras:

- **This guide includes suggested lunch spots where you can rest and refuel. Please do bring a packed lunch if you prefer**
- Transform/Anyone's Child T-shirts/hoodies/fleeces – let us know if you would like one of these and we can bring it on the day

Please note, this is a fundraising event and donations will be very gratefully received. If you would like to set up your own fundraising page, please email info@anyoneschild.org



Walk a Mile in Our Shoes – Thames Path Walk



- Day 1) 20/6 – Cookham to Windsor
- Day 2) 21/6 – Windsor to Staines
- Day 3) 22/6 – Staines to Hampton Court
- Day 4) 23/6 – Hampton Court to Kew
- Day 5) 24/6 – Kew to Battersea
- Day 6) 25/6 – Battersea to the Mass Lobby

Day 1 - Thursday 20 June
Cookham to Windsor

Distance: 10.5 miles (approx. 4.5 hours)

Meeting point: Ferry Pub, Cookham, SL6 9SN at 10:00am

Nearest station: Cookham, 0.8 miles

Parking: The Moor – £2/day or free for National Trust members, 0.4 miles

End Point: Jubilee fountain, Alexandra Park, Windsor, SL4 1RF at 3:30pm

Nearest station: Windsor & Eton Riverside, 0.3 miles

Parking: Various long stay car parks from £9-£13/day, 0.1-1.1 miles

<https://www.windsor.gov.uk/visitor-information/parking/parking-in-windsor>

Lunch: Stop for a lunch at the Dorney Court Kitchen Garden, Court Ln, Dorney SL4 6QP

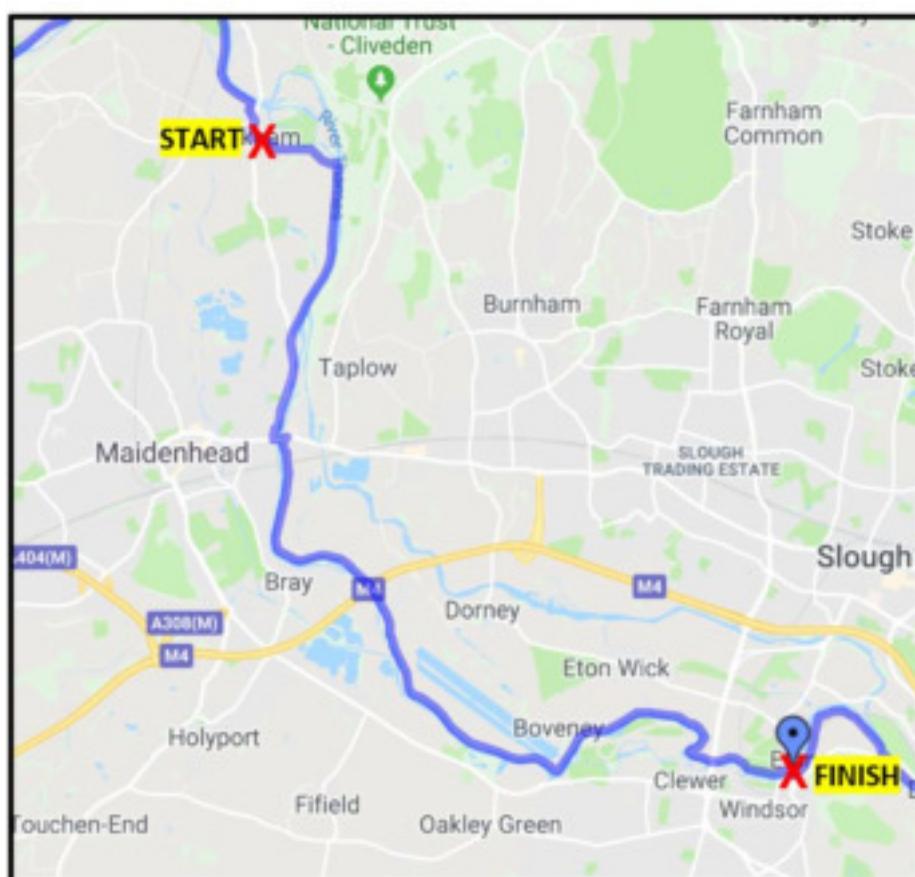
Toilets: Cookham - Sutton Road car park, Maidenhead - various inc Ray Mill island, Bray Lock, Boveney Lock, Eton Court car park, Windsor - various inc Windsor & Eton Riverside station.

Things to do: To launch the 'Week of Action' we will be hosting a public event in Maidenhead on Thursday the 20th of June. Speakers are **Anyone's Child family members** [Rose](#) and [Anne-Marie](#), who have both lost children to accidental drug overdoses and **Jason Kew**, Chief Inspector of Thames Valley Police.

What: Maidenhead: Take Drugs Seriously

When: Thurs 20 June, 7.00pm-8.30pm

Where: SportsAble, Braywick Road, Maidenhead, SL6 1BN



Day 2 – Friday 21 June
Windsor to Staines

Distance: 8 miles (approx. 3.5 hours)

Meeting point: Jubilee fountain, Alexandra Park, Windsor, SL4 1RF, at 10:00am

Nearest station: Windsor & Eton Riverside, 0.3 miles

Parking: Various long stay car parks from £9-£13/day, 0.1-1.1 miles

<https://www.windsor.gov.uk/visitor-information/parking/parking-in-windsor>

End Point: The Swan Hotel, The Hythe, Staines, TW18 3JB at 2.30pm

Nearest Station: Staines, 0.8 miles

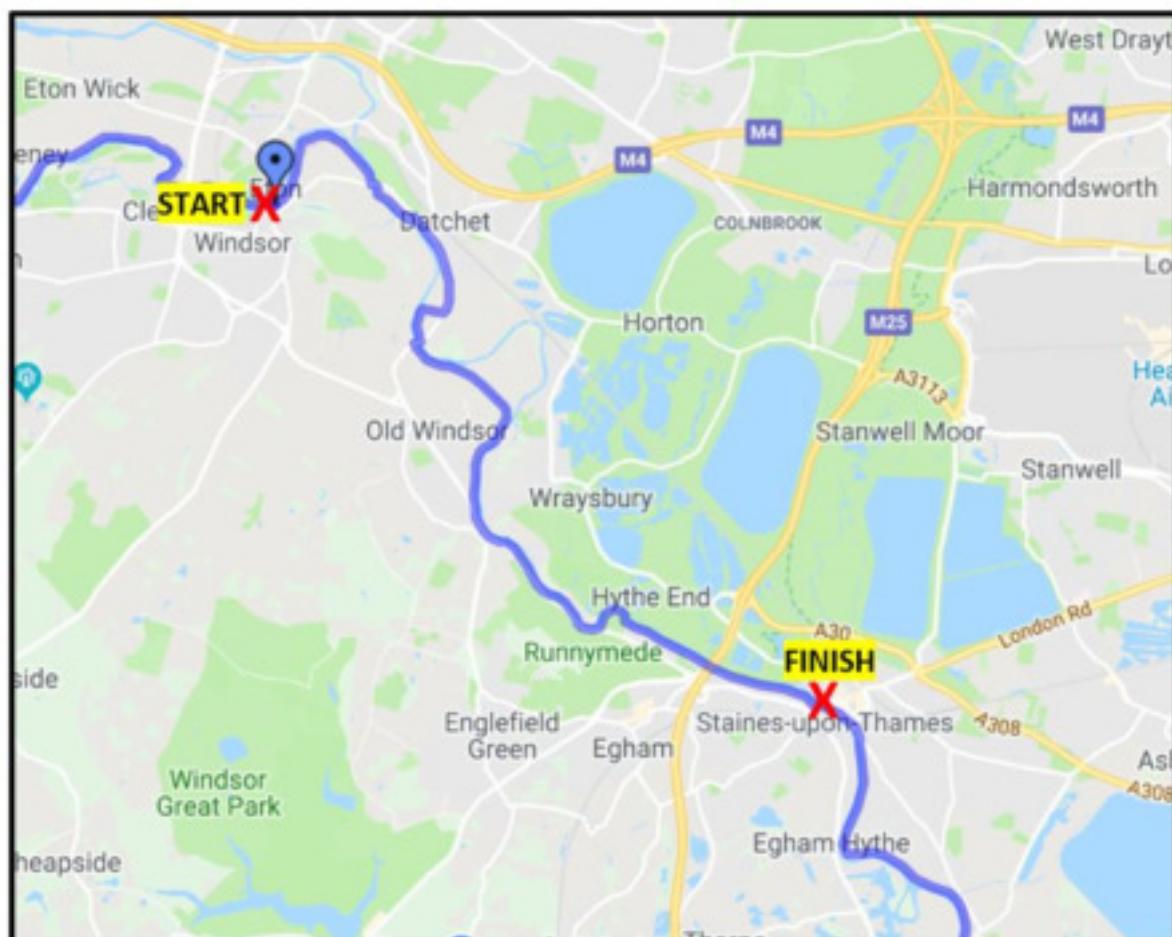
Parking: Staines Park Car Park – Free, 1.2 miles

Bridge Street Car Park – £7.30 for over 5 hours, 0.3 miles

Lunch: Magna Carta Tearoom, Windsor Rd, Englefield Green, Staines SL4 2JJ - a National Trust Tearoom

Toilets: Windsor - various inc Windsor & Eton Riverside station, Romney Lock, Old Windsor Lock, Runnymede Pleasure Grounds, Bell Weir Lock, Staines - various inc Thames Street.

Things to do: Visit Runnymede National Trust (where the Magna Carta was signed)



Day 3 – Saturday 22 June
Staines to Hampton Court

Distance: 12 miles (approx. 5 hours)

Meeting point: The Swan Hotel, The Hythe, Staines, TW18 3JB, at 10:00am

Nearest station: Staines, 0.8 miles

Parking: Staines Park Car Park – Free, 1.2 miles

Bridge Street Car Park – £7.30 for over 5 hours, 0.3 miles

End Point: The Mute Swan, 3 Palace Gate, Hampton Court, KT8 9BN, 4:00pm

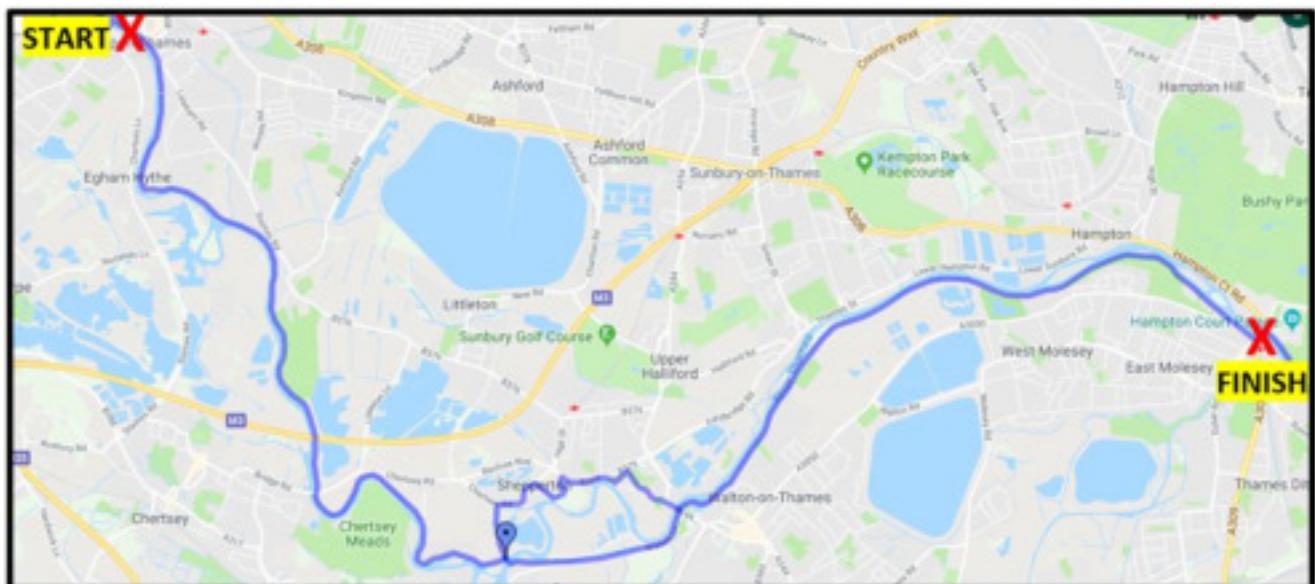
Nearest station: Hampton Court, 0.3 miles

Parking: Bushy Park – free, <1 mile

Lunch: Pop into the Ferry Coffee shop, Ferry Ln, Shepperton TW17 9LQ, for a snack, or if you're really hungry try the Thames Court pub, Towpath, Shepperton, Surrey, TW17 9LJ

Toilets: Staines - various inc Thames Street, Penton Hook Lock, Laleham Park, Thameside, Shepperton Lock, Walton Lock, Sunbury Lock and Molesey Lock.

Things to do: Visit Hampton Court Palace and Maze



Day 4 – Sunday 24 June
Hampton Court to Kew

Distance: 11.5 miles (approx. 4 hours 45 mins)

Meeting point: The Mute Swan, 3 Palace Gate, Hampton Court, KT8 9BN, at 10:00am

Nearest station: Hampton Court, 0.3 miles

Parking: Bushy Park – free, <1 mile

End Point: One Over the Ait, 8 Kew Bridge Road, Brentford, London, TW8 0FJ, at 4:00pm

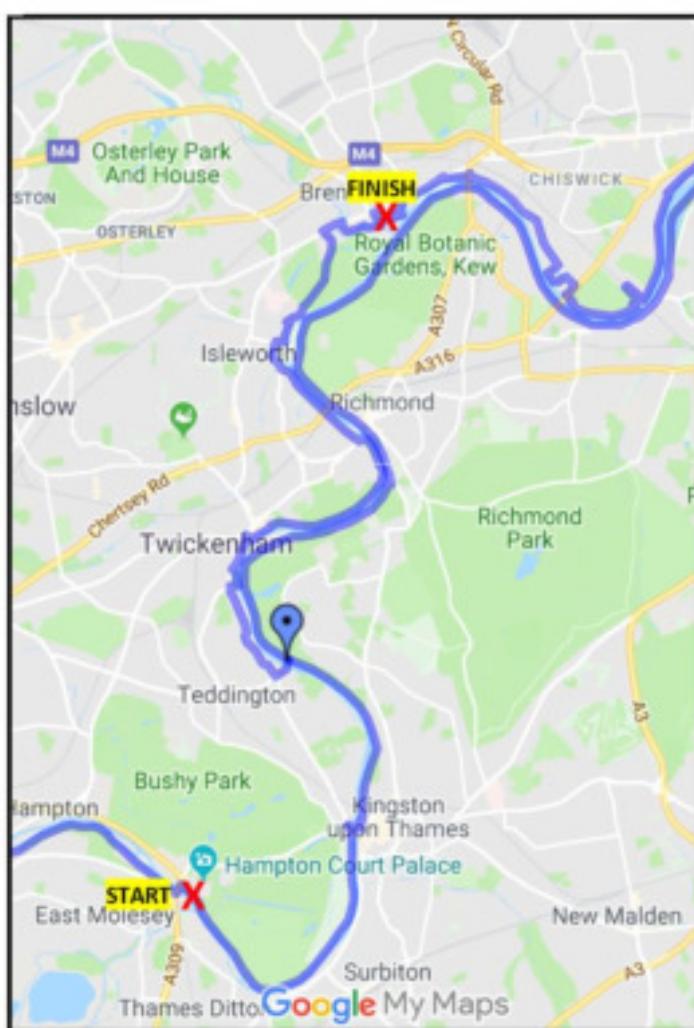
Nearest station: Kew bridge, 0.1 miles

Parking: Kew Bridge Travelodge, £6 for 24 hours, 0.4 miles

Lunch: We suggest visiting the Strawberry Hill House Garden Cafe, 268 Waldegrave Rd, London, Twickenham TW1 4ST

Toilets: Kingston-upon-Thames - various, Teddington Lock, Kew Gardens.

Things to do: Take a stroll around Bushy Park or Kew Gardens





Day 5 – Monday 24 June

Kew to Battersea

Distance: 9.5 miles (approx. 4 hours)

Meeting point: One Over the Ait, 8 Kew Bridge Road, Brentford, London, TW8 0FJ, at 10am

Nearest station: Kew bridge, 0.1 miles

Parking: Kew Bridge Travelodge, £6 for 24 hours, 0.4 miles

End Point: Battersea Park, at 3:00pm

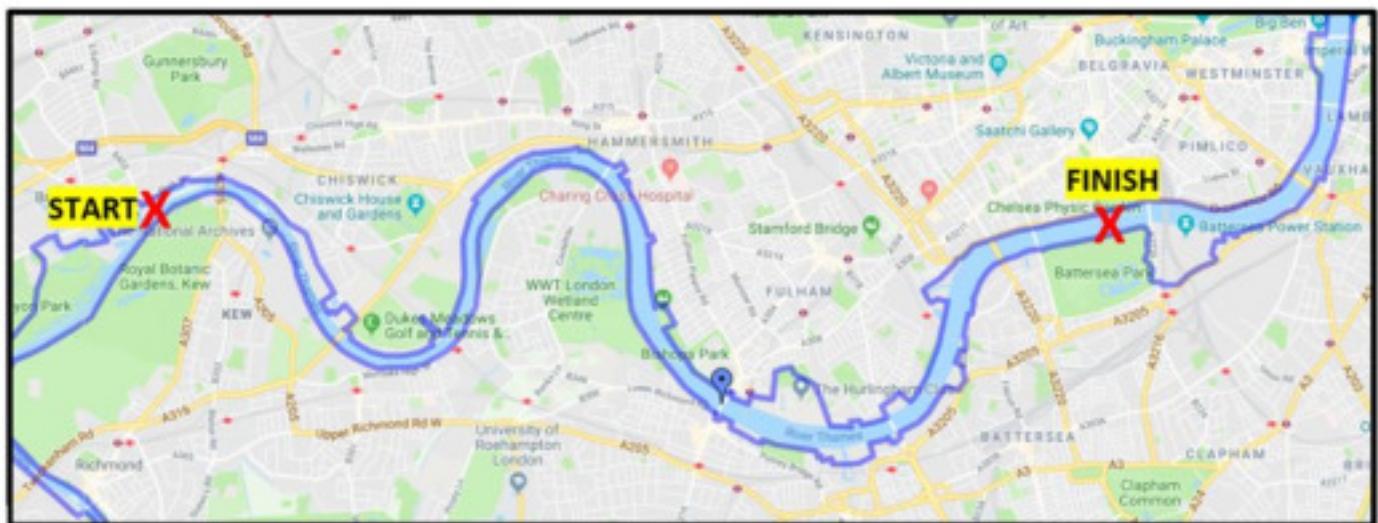
Nearest station: Battersea Park, 0.8 miles

Parking: ASDA supermarket, free for 2 hours and then £10 for 24 hours. 0.8 miles

Lunch: Cafe Plum 17 Crisp Rd, Hammersmith, London W6 9RL (just off the Thames Path)

Toilets: Kew Gardens, The Ship (Mortlake), Rocks Lane Tennis Pavilion, Sainsbury's (Wandsworth Bridge), Cremorne Gardens, Battersea Park.

Things to do: Battersea Park



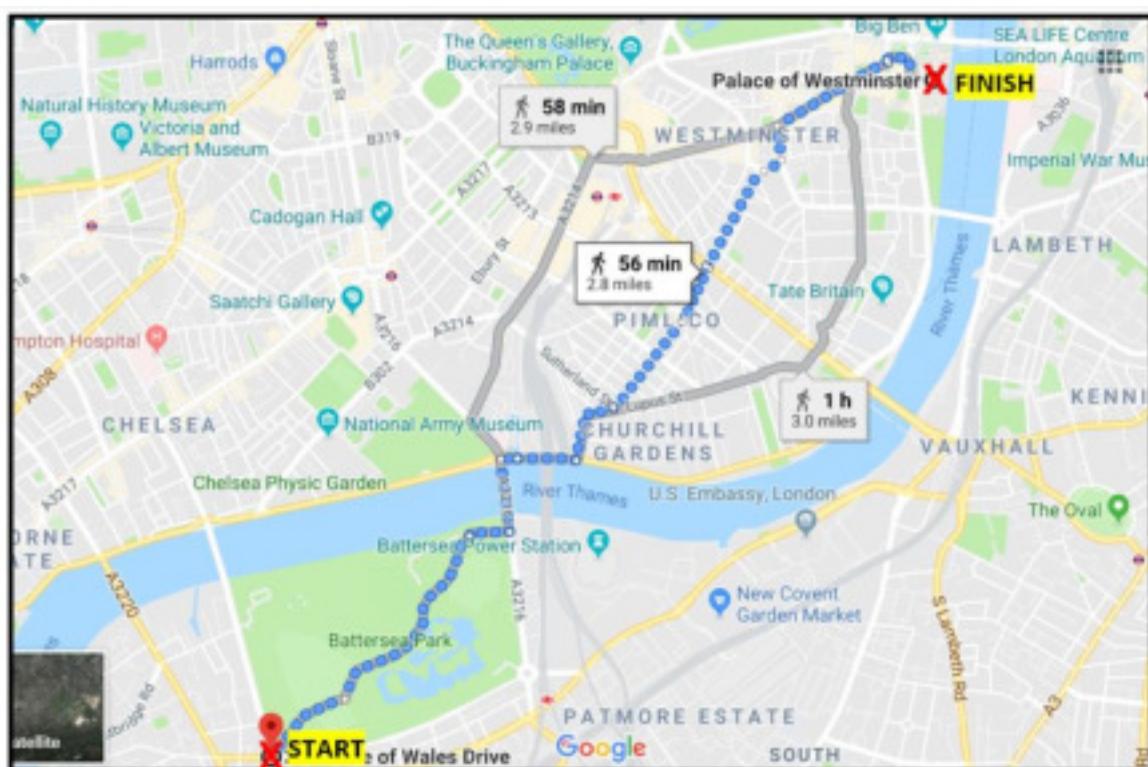
**Day 6 – Tuesday 25 June,
Battersea to Lobby of Parliament to End the Drug War**

THAMES PATH WALK, 10:00am - 12:00pm

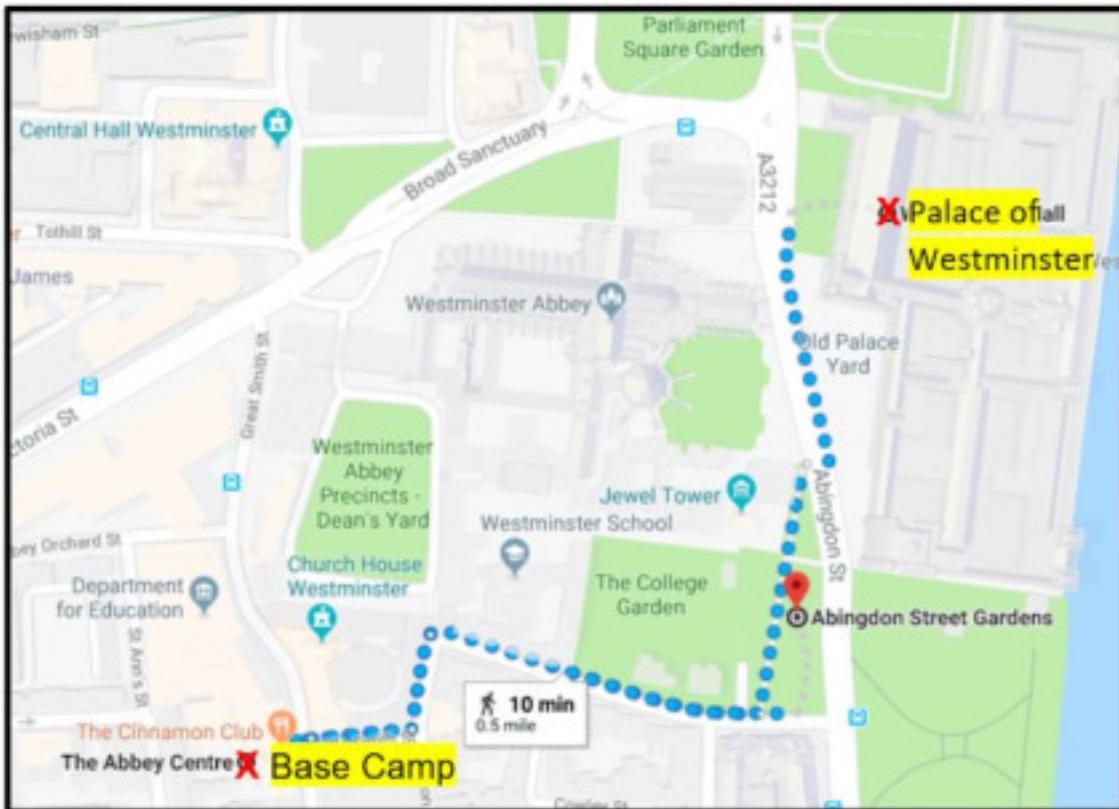
Meet at the Sun Gate of Battersea Park and join the Anyone's Child family activists to complete the final leg of the Thames Path walk to Westminster.

Nearest station: Battersea Park, 0.8 miles

Distance: 2.8 miles (approx. 1-1.5 hours)



Mass Lobby of Parliament to End the Drug War Tuesday 25th June



ACTION ON COLLEGE GREEN (Aka Abingdon Street Gardens), 12.30pm - 2.00pm

Join us for a group photo on College Green. There will be speeches from supportive MPs and we will be placing 'forget-me-not' flowers into the ground to remember our loved ones. Collect an Anyone's Child t-shirt from the Abbey Centre (see below) and please put it on!

THE LOBBY, from 1:30pm - 5:30pm

Room W2 in the Palace of Westminster. Enter through the visitor's entrance.

Meet your MP to discuss why you think our drug laws are catastrophic and ask what they are going to do about it. We will provide you with a brief to help with this conversation and someone from Transform will be around to assist with your MP meeting - let us know if you would like someone to go with you.

Please allow 45 minutes to get from the Abbey Centre to Westminster Hall and through security
Please remember to bring photo ID.

BASE CAMP 12:00pm - 17:00pm

Parker Morris Hall at the Abbey Centre, 34 Great Smith Street,

Base camp for activists throughout the day. There will be staff here throughout the day so please make your way over if you get lost.

You can leave your belongings here. There is a cafe and toilets downstairs.

Please come here from 3:30pm-5:00pm to share, celebrate and reflect on the day. There will be light refreshments available.